



# Alejandro Romero Caballero

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Coach with experience in professional soccer and comprehensive knowledge of sports performance area. Responsible, resilient, good communication skills, high performance under pressure and great team worker.

## FURTHER TRAINING:

International Master's Degree in Soccer (BeMagistral/ IDE University - 2023).

Certificate in Youth Soccer Athletic Development (ISSPF - 2021).

Methodological structure in elite soccer (Fútbol Revolucionario - 2021).

Seminar: Latest Research Trends applied to Performance in Team Sports: Testing, Training and Injury Prevention (UCAM - 2020).

FSI Congress on High Performance in Football (Football Science Institute - 2020).

## LANGUAGES: *Spanish (mother tongue)*

English - C1



French - B2



## COMPETENCES AND SKILLS:

Microsoft Office advanced knowledge.

Monitoring and analysis with GPS devices in soccer.

Analysis of physical condition and sports performance using linear transducer, accelerometer, dynamometer, mobile applications and other protocols.

Advanced knowledge of Instat platform for tactical analysis  
 Permiso de conducir B.

Driver license.

## ACADEMIC TRAINING:

February 2019- May 2022  
**PhD in Sports Science**  
 Universidad Autónoma de Madrid - Madrid

September 2017 - July 2020  
**Level III Soccer Coach (UEFA PRO License Equivalent)**  
 ACADEF

September 2017 - June 2018  
**MSc in High Performance in Sports**  
 Universidad Pablo de Olavide - Seville

September 2013 - June 2017  
**BSc in Sports Science**  
 Universidad Autónoma de Madrid - Madrid

## SCIENTIFIC PAPERS (click on the logo):



## OTHER SCIENCE CONTRIBUTIONS:

European College of Sport Science Congress (2021).

International Soccer Science and Performance Federation (2020).

## CAREER PATH:

July 2022 - Now  
**CD Chamartín Vergara**  
 Head Coach - 2nd Regional Division  
 Head of Methodological Area & Strength and Conditioning Department

July 2021 - June 2022  
**CD Santa Teresa de Badajoz**  
 Assistant Coach and S&C Coach - Reto Iberdrola  
*Promotion Playoff to 1st Division*

July 2017 - June 2021  
**AD Colmenar Viejo**  
 Head coach - U12 to U16  
 Head of Methodological Area & Strength and Conditioning Department

July 2016 - June 2017  
**Cerceda CF**  
 Assistant Coach, S&C Coach and Rehab Coach- 2nd Regional Division  
*Promotion to 1st Regional Division*

July 2022 - Now  
**Universidad Camilo José Cela & Universidad del Atlántico Medio**  
 University Professor - Didactics of Physical Education and Sport

July 2022 - Now  
**Formación, Deporte y Empleo**  
 Professor - Tactics and Technique - Level I, II & III Coach Courses

